



500

Dragonfly Yoga Advanced Teacher Training Program

Go Deeper into Yoga.....

500hr Yoga Teacher Training
(300hr supplemental training with 200hr pre-requisite)

Launch September 30 – October 1st 2017

www.dragonflyyoga.com :: 850-244-0184



Dragonfly Yoga 500YA supplemental Teacher Training Program Launch September 30, 2017

www.dragonflyyoga.com :: 850 - 244 - 0184

Application and Enrollment Instructions and Check List

Thank you for applying to the Dragonfly Yoga (300-hr supplement) 500-hour Teacher Training Program. We are excited to offer this to the community! This is a 14-month program meeting once a month.

Prerequisite

- 200YA Registration or proof of certification
- Two Letters of Recommendation
- Schedule Entrance Interview (Dragonfly Yoga 200YTT graduates are exempt)

Requirement for Graduation

- Completion of required hours
- Regular home and studio practice
- Exit Examination

Application/Enrollment Check list:

- Application Form
- \$500 application fee
- Headshot (to help us familiarize ourselves with you)
- Copy of your 200YA registration with Yoga Alliance

Application Process:

- You will be notified by us of your acceptance status within two weeks of submittal of this application.
- Additional information regarding the training will be made available after your deposit is received and you have been accepted.

Mail or drop off your application to:

Dragonfly Yoga Attn: 500-hour Teacher Training PO Box 2322 Ft Walton Beach, FL 32549

*Please also email a copy of the Application Form and headshot (if possible) to: lauratyreehealth@gmail.com.

No other forms need be emailed.



Dragonfly Yoga 500YA supplemental Teacher Training Program Launch September 30, 2017

www.dragonflyyoga.com :: 850 - 244 - 0184

Personal Information

Name _____ Today's Date _____

Address _____

City _____ State _____ Zip Code _____

Home Phone _____ Work Phone _____

Email Address (print clearly) _____ Occupation _____

Emergency Contact Name _____ Phone _____ Relationship _____

Application Questions (please answer on a separate page)

- How long have you studied yoga?
- List styles and main teachers.
- Where did you receive your 200-RYT certification and when?
- Do you currently teach yoga? If so, how often and what level?
- Have you taught yoga related workshops, series classes, or yoga retreats?
- Do you have experience teaching in any others field(s)?
- List other training or experience relevant to yoga and/or teaching?
- What motivated you to become a yoga teacher and what keeps you motivated?
- Please describe your home practice.
- Please share 3-5 of your favorite yoga books and why they have been valuable to you.
- List all injuries or illnesses and how they affect your current condition.
- Why are you participating in this training and what do you hope to gain from it?
-

Payment Information: If you are not accepted to our program for any reason, we will return your registration fee. If you are accepted and decide not to participate, we do retain this fee for processing your application.

\$500 non-refundable registration fee is due, to enroll you in our program.

- I am paying by check. Please mail the check with your application to the appropriate address on the Application Instruction page.
- I am paying by credit card. _____ MasterCard _____ Visa

Credit Card # _____ Expiration Date ____ __/____ code ____ __

Name as it appears on the card: _____

Is your billing information the same as your mailing address? ____ Yes ____ No

My billing address is: Billing Address _____ City _____ State _____ Zip Code _____

I hereby authorize the above payment of: \$ _____ Please initial: _____

Payment information

Formal registration will be accepted after May 1, 2017. The \$500 deposit is due with your application. To qualify for the early bird special, you must send in your application and \$500 deposit and pay in full by August 31st, 2017 the remaining \$3200 for a total of 3700.

_____Paying by check. Please mail the deposit check with your application. You may also include the first installment, or may pay in full. Please include the participant’s name (if other than check holder), street address, and phone number on your check.

Make your check payable to Dragonfly Yoga Inc.

_____Paying by credit card. ___ Mastercard ___ Visa

CC# _____ - _____ - _____ - _____ exp ____/____ code ____

Name as it appears on card _____

Billing address and zip code _____

I hereby authorize the office of Dragonfly Yoga to withdraw payment or deposit of

\$ _____ and program installments at 8 week intervals until Paid in Full.

Initials here to verify authorization of withdrawal: _____

Payment Programs

This program offers payment options. These payments are withdrawn from your bank acct or cc only.

Installments

Please include a non-refundable \$500 deposit with your application.

Tuition paid in 4 installments excluding deposit is \$3700. No penalty for early payment.

Installment one \$925 Due Launch Day (March 11th)

Installment two \$925 Due 8 weeks from start date

Installment three \$925 Due 16 weeks from start date

Installment three \$925 Due 24 weeks from start date

Monthly Payments

Please include a non-refundable \$500 deposit with your application.

Tuition paid in monthly installments is \$3700 after deposit. No penalty for early payoff. 13 Monthly installments begin Launch day September 30th, 2017. Each installment will be \$284 The set up of the auto-draft must be complete by September 5th, 2017. To certify you must pay the entire amount owed.

We have a modified payment plan available for up to two trainers each year. Please call the office for more details.

The reading material cost is not a part of tuition. Plan the purchase of one (occasionally two) books per month.

These are standard yoga texts that you may already own and will serve as reference guides for the training. You will need to bring your yoga mat and manual for each training. You will be required to practice weekly at Dragonfly or a studio in your community. A special rate will be provided for monthly unlimited classes (\$55 monthly withdrawal). *This will be a fun and intense training! Adequate rest and methodical study throughout the month prove to be the best practices for internalizing the information.*

Program Agreement: It is my understanding that I must fulfill all the requirements set forth by Dragonfly Yoga Advanced Teacher Training Program. I must complete all required contact hours, public classes, homework, volunteer time, quizzes, and the practical and written final evaluations in order to receive my letter of completion of the program. The certificate of completion may then be submitted to Yoga Alliance for registration, or for any use to provide proof of completed training hours.

It is my understanding that Dragonfly Yoga and its teaching staff reserves the right to ask me to leave the program at anytime if I behave in any inappropriate way, am unethical, or in violation of the ethical guidelines set forth by Yoga Alliance. In the event of any of these situations, I will not be refunded my tuition.

It is my understanding that my deposit is non-refundable, and should I cancel my participation, it must be 14 days prior to the start date, in order to receive a refund of my remaining balance after the deposit is removed. Once the program begins, tuition is non-refundable and also non-transferable, unless under special circumstances, and agreed upon by all parties.

It is my understanding that all materials are under copyright protection and cannot be reproduced by me without permission from the author.

I have read and accept the above terms and requirements: **Yes** **No**

Sign here to verify your review and acceptance of the terms and requirements of the program: _____

Program Dates and Schedule

2017

September 30 – October 1 Anatomy, Meditation, Nutrition, Asana, CPR
October 31 – November 2 :: Doug Keller (Tues – Thurs, daytime 12n – 5p)
November 3 – 5 :: Doug Keller (Fri pm – Sun)

December Holiday

2018

January 13-14 :: Stacey Vann - Kundalini Yoga
February 17-18 :: Moira Anderson - Kripalu Yoga
March 17-18 :: Yin Yoga and Vinyasa Krama
April 14-15 :: Prudence Bruns - Philosophy
May 12-13 :: Ropes and Restorative
June 9 – 10 :: Moira Anderson - Kripalu Yoga
July 14 – 15 :: Self Awakening Yoga
August 4 - 6 :: TBA
September 8 – 9 :: Prudence Bruns - Philosophy
October 6 – 7 :: Moira Anderson - Kripalu Yoga
November 3 – 4 :: Rhonda Kuster - Sanskrit
December 1 – 2 :: TBA

2019

January 12th :: Graduation (required for attendance)

PROGRAM FEE: * **

PROGRAM FEE: * **

Non-refundable deposit with application - \$500

Early Bird - \$3700 [500 deposit + 3200 = 3700] After August 31st - \$4200 [500 deposit + 3700 = 4200]

Payment plans are available

*Program fee includes manual and contact hours

** READING LIST books required for the program are additional costs

***ADDITIONAL costs include 30 hours for workshop credits for YA requirements

The weekend schedule will be based on the specialty of the teacher.

The three additional trainings will be similar to the sample schedule below.

Saturday

Arrive 7:30a

8a – 9a Meditation and Pranayama

9a – 10:30 Asana group practice

10:30 – 12n review previous skills and Q and A

12n lunch lecture - Philosophy

1-2:30p asana teaching techniques

2:30-4p Anatomy/Physiology power point

4p – 5p practice teaching

Sunday

Arrive 7:30a

8a - 9a Pranayama and Mudra

9 -10:30a Student teaching

10:30 – 12n Asana group practice

12n – 1p lunch lecture You Can Take It – receiving feedback and verbal teaching techniques

1p – 2p demonstrating, and how to advanced assist in classes

2p – 4p practice teaching

Primary Trainers

Doug Keller

Laura Tyree

Moira Anderson

Special Guest:

Swami Jaya Devi Bhagavati

Faculty (may be adjusted or additions)

Prudence Bruns

Andrea Hartsog

Carrie Anne Kennedy

Rhonda Kuster

Melissa Shalongo

Stacey Vann

Megan Welcher